

# MAY 2023

Morning Social @ Casa de Salud : Tue. & Thur. 10am -12pm  
 1408 Harding Ave. National City, CA 91950  
 Casa De Salud (619)336-6757 / MLK Office (619)336-4290  
 May 4: dress as your favorite singer / artist

SUN	MON	TUE	WED	THU	FRI	SAT
30	1	2 coffee filter roses and butterflies	3	4 5 de mayo Karaoke	5	6
7	8	9 Move w/ Jizel Loteria	10	11 Mother's Day fan craft	12	13 Senior Saturday 10am-1pm
14	15	16 canvas painting Crochet	17	18 Move w/ Jizel Yoga	19	20
21	22	23 Bingo Crochet	24	25 B-day Celebration Dance	26	27
28	29	30 Craft Crochet	31	1	2	3